

And I will

And I will hold onto the clear view of a blackbird
Seeking worms as the earth opens out
And I will hold onto the cooing of pigeons
High in the tree, looking down on the world

And I will hold onto the tiny violet struggling
It's way through the paving just by my feet
And I will hold onto the spread of the clover
Whitening the lawn like a sprinkling of snow

And I will hold onto the murmuring of the bee
As she collects her sweet dessert of the day
And I will hold onto the fluttering free of a
Common Blue dancing in the haze of purple verbena

And I will hold onto the sun on my face
And treasure its nurturing vitamin D
And I will hold onto these bright warm days
Clear blue skies and fluffy cumulus clouds

And I will hold onto messages
Of pride and support
From family and friends
Close and afar
Who walk on my path, oh so near
But not quite.

And I'll remember for always
The relief on 'his' face
That hope could be real
Shining once more

I will hold in my head the memory
Of the gorgeous gazania
As it opens afresh every morn
Promise of life in the warmth of the day

I will hold onto these beautiful things
Hold them tight,
Hold them strong,
Hold them within.
I will hold onto this precious summer,
The summer I left an NHS consultant
Completely and wonderfully,
Utterly "dumbfounded"!